

# 軽油 地域別価格

(県石油製品価格動向調査:くらし安全・消費生活課)

＜令和7年＞

(単位:円/L)

|       | 4/7   | 4/14  | 4/21  | 4/28  | 5/12  | 5/19  | 5/26  | 6/2   | 6/9   | 6/16  | 6/23  | 6/30  |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 佐 久   | 174.1 | 174.5 | 173.2 | 172.8 | 170.8 | 171.0 | 166.2 | 161.6 | 161.0 | 160.7 | 163.2 | 164.3 |
| 上 田   | 175.8 | 176.1 | 175.0 | 174.5 | 172.0 | 171.3 | 166.0 | 162.5 | 160.3 | 161.5 | 163.8 | 167.3 |
| 諏 訪   | 168.3 | 168.0 | 166.8 | 164.5 | 163.7 | 161.3 | 156.8 | 154.7 | 150.3 | 150.6 | 151.2 | 154.0 |
| 上伊那   | 175.8 | 175.0 | 172.0 | 171.4 | 168.1 | 166.5 | 161.7 | 157.2 | 156.4 | 156.4 | 158.1 | 162.0 |
| 南信州   | 174.0 | 173.1 | 171.3 | 171.0 | 167.3 | 166.6 | 163.5 | 157.0 | 156.6 | 156.6 | 158.6 | 161.1 |
| 木 曽   | 176.6 | 176.6 | 174.3 | 173.0 | 170.6 | 170.0 | 166.3 | 162.6 | 162.0 | 162.0 | 163.3 | 164.6 |
| 松 本   | 167.7 | 167.7 | 163.8 | 164.5 | 160.4 | 160.0 | 155.5 | 151.7 | 149.8 | 149.4 | 153.4 | 155.7 |
| 北アルプス | 172.7 | 171.5 | 170.0 | 168.5 | 164.0 | 163.5 | 158.7 | 153.2 | 152.2 | 151.2 | 156.0 | 160.2 |
| 長 野   | 176.1 | 176.3 | 174.5 | 173.7 | 171.3 | 171.3 | 166.3 | 162.7 | 160.8 | 160.9 | 162.9 | 165.3 |
| 北 信   | 175.5 | 176.7 | 176.7 | 174.2 | 174.2 | 174.2 | 170.5 | 164.5 | 164.0 | 163.0 | 164.2 | 166.0 |
| 県平均   | 173.5 | 173.4 | 171.6 | 170.7 | 168.2 | 167.5 | 163.0 | 158.8 | 157.2 | 157.1 | 159.3 | 161.9 |

|       | 1/14  | 1/20  | 1/27  | 2/3   | 2/10  | 2/17  | 2/25  | 3/3   | 3/10  | 3/17  | 3/24  | 3/31  |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 佐 久   | 173.8 | 177.6 | 177.6 | 175.5 | 174.6 | 174.6 | 174.5 | 174.5 | 174.2 | 174.5 | 175.0 | 174.2 |
| 上 田   | 175.3 | 179.6 | 179.6 | 177.3 | 177.3 | 177.3 | 175.8 | 175.6 | 175.6 | 175.3 | 174.6 | 174.6 |
| 諏 訪   | 165.8 | 168.8 | 169.1 | 168.8 | 167.7 | 167.0 | 166.0 | 166.3 | 166.0 | 166.0 | 165.0 | 166.6 |
| 上伊那   | 172.1 | 176.1 | 176.1 | 174.1 | 173.0 | 173.0 | 173.0 | 173.0 | 173.0 | 172.5 | 174.5 | 173.7 |
| 南信州   | 168.6 | 171.8 | 172.6 | 172.6 | 172.6 | 172.6 | 172.6 | 172.6 | 172.6 | 172.6 | 172.6 | 172.6 |
| 木 曽   | 171.0 | 174.3 | 175.6 | 175.6 | 174.3 | 173.6 | 173.6 | 173.6 | 173.6 | 174.3 | 174.3 | 174.3 |
| 松 本   | 159.4 | 163.1 | 163.8 | 162.1 | 160.8 | 162.0 | 161.7 | 161.7 | 162.5 | 164.8 | 165.0 | 165.0 |
| 北アルプス | 162.7 | 166.7 | 166.7 | 166.5 | 166.5 | 166.5 | 166.5 | 164.5 | 167.0 | 168.5 | 169.0 | 169.0 |
| 長 野   | 174.0 | 177.0 | 177.0 | 174.3 | 174.3 | 174.3 | 174.5 | 174.7 | 174.9 | 174.8 | 175.3 | 175.1 |
| 北 信   | 175.5 | 179.0 | 177.5 | 175.5 | 175.5 | 175.5 | 174.5 | 174.5 | 173.5 | 173.2 | 173.2 | 174.0 |
| 県平均   | 170.1 | 173.6 | 173.7 | 172.2 | 171.6 | 171.6 | 171.3 | 171.2 | 171.4 | 171.7 | 171.9 | 171.9 |

# <令和6年>

|       |       |  |  |  |  |  |  |  |  |  |  |  |
|-------|-------|--|--|--|--|--|--|--|--|--|--|--|
|       | 12/23 |  |  |  |  |  |  |  |  |  |  |  |
| 佐 久   | 173.7 |  |  |  |  |  |  |  |  |  |  |  |
| 上 田   | 176.0 |  |  |  |  |  |  |  |  |  |  |  |
| 諏 訪   | 162.5 |  |  |  |  |  |  |  |  |  |  |  |
| 上伊那   | 171.5 |  |  |  |  |  |  |  |  |  |  |  |
| 南信州   | 168.6 |  |  |  |  |  |  |  |  |  |  |  |
| 木 曽   | 171.0 |  |  |  |  |  |  |  |  |  |  |  |
| 松 本   | 159.7 |  |  |  |  |  |  |  |  |  |  |  |
| 北アルプス | 162.7 |  |  |  |  |  |  |  |  |  |  |  |
| 長 野   | 173.8 |  |  |  |  |  |  |  |  |  |  |  |
| 北 信   | 175.0 |  |  |  |  |  |  |  |  |  |  |  |
| 県平均   | 169.6 |  |  |  |  |  |  |  |  |  |  |  |

|       |       |       |       |       |       |       |       |       |       |       |       |       |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|       | 9/30  | 10/7  | 10/15 | 10/21 | 10/28 | 11/5  | 11/11 | 11/18 | 11/25 | 12/2  | 12/9  | 12/16 |
| 佐 久   | 167.5 | 167.0 | 167.0 | 167.5 | 167.5 | 166.8 | 167.5 | 167.0 | 167.0 | 169.0 | 168.5 | 168.5 |
| 上 田   | 169.0 | 169.0 | 169.0 | 169.0 | 169.0 | 169.0 | 169.0 | 169.0 | 169.0 | 171.0 | 171.0 | 171.0 |
| 諏 訪   | 155.1 | 156.2 | 156.7 | 156.7 | 156.7 | 156.8 | 156.8 | 156.8 | 156.8 | 156.8 | 158.8 | 160.0 |
| 上伊那   | 165.8 | 165.8 | 165.8 | 165.8 | 165.8 | 165.8 | 166.0 | 165.8 | 165.8 | 167.5 | 168.1 | 167.8 |
| 南信州   | 161.8 | 163.5 | 163.5 | 163.5 | 163.5 | 163.5 | 163.5 | 163.5 | 163.5 | 163.5 | 163.5 | 163.5 |
| 木 曽   | 164.6 | 164.6 | 164.6 | 164.6 | 164.6 | 164.6 | 164.6 | 164.6 | 164.6 | 166.0 | 166.0 | 166.0 |
| 松 本   | 155.4 | 156.2 | 155.2 | 156.2 | 155.5 | 156.0 | 155.5 | 155.5 | 156.2 | 155.7 | 155.5 | 155.2 |
| 北アルプス | 157.7 | 157.7 | 157.7 | 157.7 | 157.7 | 157.7 | 157.7 | 157.7 | 157.7 | 157.7 | 157.7 | 157.7 |
| 長 野   | 167.1 | 166.8 | 167.1 | 167.5 | 167.1 | 167.0 | 167.0 | 167.1 | 167.1 | 169.0 | 169.0 | 169.0 |
| 北 信   | 168.5 | 168.5 | 168.5 | 168.5 | 168.5 | 168.5 | 168.5 | 168.5 | 167.7 | 170.5 | 170.5 | 170.5 |
| 県平均   | 163.3 | 163.6 | 163.6 | 163.8 | 163.7 | 163.7 | 163.7 | 163.7 | 163.7 | 164.8 | 165.2 | 165.1 |

|       | 7/1   | 7/8   | 7/16  | 7/22  | 7/29  | 8/5   | 8/19  | 8/26  | 9/2   | 9/9   | 9/17  | 9/24  |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 佐 久   | 167.8 | 168.8 | 166.6 | 165.1 | 164.7 | 165.2 | 165.3 | 164.8 | 164.8 | 167.5 | 167.5 | 167.5 |
| 上 田   | 170.8 | 170.8 | 169.0 | 167.0 | 167.0 | 167.0 | 167.0 | 167.0 | 167.0 | 169.0 | 167.6 | 169.0 |
| 諏 訪   | 156.6 | 159.0 | 159.0 | 159.0 | 156.0 | 155.3 | 155.3 | 155.3 | 155.3 | 155.3 | 155.1 | 155.1 |
| 上伊那   | 168.1 | 168.5 | 166.1 | 165.8 | 164.4 | 164.8 | 164.8 | 165.1 | 164.7 | 164.7 | 164.8 | 166.8 |
| 南信州   | 165.1 | 165.5 | 163.8 | 163.8 | 162.1 | 162.1 | 161.8 | 161.8 | 161.8 | 161.8 | 161.8 | 161.8 |
| 木 曽   | 166.6 | 166.6 | 166.6 | 164.6 | 164.6 | 164.6 | 164.6 | 164.6 | 164.6 | 164.6 | 164.6 | 164.6 |
| 松 本   | 159.0 | 159.0 | 156.5 | 156.4 | 154.8 | 155.1 | 155.0 | 155.0 | 155.0 | 154.0 | 154.2 | 155.4 |
| 北アルプス | 160.7 | 160.7 | 157.7 | 157.7 | 157.7 | 156.2 | 155.7 | 155.7 | 155.7 | 155.7 | 155.7 | 157.7 |
| 長 野   | 169.3 | 169.2 | 167.1 | 165.2 | 165.1 | 165.1 | 165.3 | 165.1 | 165.2 | 167.1 | 167.0 | 167.1 |
| 北 信   | 170.5 | 170.5 | 168.2 | 166.5 | 166.5 | 166.5 | 166.5 | 166.5 | 166.5 | 168.5 | 168.5 | 168.5 |
| 県平均   | 165.5 | 166.0 | 164.1 | 163.2 | 162.2 | 162.2 | 162.2 | 162.1 | 162.1 | 163.0 | 162.8 | 163.4 |

|       | 4/1   | 4/8   | 4/15  | 4/22  | 5/7   | 5/13  | 5/20  | 5/27  | 6/3   | 6/10  | 6/17  | 6/24  |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 佐 久   | 168.6 | 169.2 | 168.5 | 168.5 | 166.8 | 166.8 | 166.8 | 166.8 | 166.1 | 166.1 | 166.1 | 166.1 |
| 上 田   | 170.3 | 170.6 | 170.6 | 170.6 | 168.6 | 168.6 | 168.3 | 168.6 | 168.6 | 168.6 | 168.6 | 168.6 |
| 諏 訪   | 156.0 | 158.0 | 158.2 | 158.2 | 157.6 | 156.2 | 156.6 | 156.6 | 156.6 | 156.6 | 156.6 | 156.6 |
| 上伊那   | 166.7 | 166.7 | 166.2 | 166.8 | 166.8 | 166.8 | 166.8 | 167.4 | 167.2 | 167.5 | 166.7 | 166.4 |
| 南信州   | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 |
| 木 曽   | 165.3 | 164.6 | 164.6 | 164.6 | 164.6 | 164.6 | 164.6 | 164.6 | 164.6 | 165.3 | 165.3 | 165.3 |
| 松 本   | 156.7 | 156.7 | 156.7 | 156.7 | 155.2 | 155.1 | 157.0 | 157.2 | 157.2 | 157.0 | 157.1 | 156.8 |
| 北アルプス | 157.5 | 157.5 | 158.5 | 158.5 | 156.5 | 156.5 | 158.5 | 158.5 | 158.5 | 158.5 | 158.5 | 158.5 |
| 長 野   | 169.0 | 169.0 | 168.9 | 169.0 | 167.1 | 167.0 | 167.2 | 167.0 | 167.0 | 167.0 | 167.2 | 167.2 |
| 北 信   | 169.5 | 169.5 | 169.5 | 169.5 | 169.0 | 168.0 | 168.0 | 168.0 | 168.0 | 168.0 | 168.0 | 168.0 |
| 県平均   | 164.6 | 164.9 | 164.8 | 164.9 | 163.8 | 163.5 | 163.9 | 164.0 | 163.9 | 163.9 | 163.8 | 163.8 |

|       | 1/9   | 1/15  | 1/22  | 1/29  | 2/5   | 2/13  | 2/19  | 2/26  | 3/4   | 3/11  | 3/18  | 3/25  |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 佐 久   | 169.1 | 169.1 | 166.8 | 166.7 | 166.2 | 166.3 | 167.0 | 166.8 | 167.2 | 166.7 | 167.2 | 166.8 |
| 上 田   | 170.6 | 170.6 | 168.6 | 168.6 | 167.6 | 168.6 | 168.6 | 168.6 | 168.6 | 168.6 | 168.6 | 168.6 |
| 諏 訪   | 157.5 | 157.5 | 157.5 | 157.5 | 157.1 | 156.0 | 156.0 | 156.0 | 156.5 | 156.5 | 156.5 | 156.5 |
| 上伊那   | 167.2 | 167.2 | 167.2 | 165.2 | 165.5 | 165.5 | 165.4 | 167.2 | 167.4 | 164.5 | 164.4 | 164.2 |
| 南信州   | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 | 163.8 |
| 木 曽   | 164.0 | 164.0 | 164.0 | 164.0 | 164.0 | 164.0 | 164.0 | 164.0 | 164.0 | 164.0 | 164.0 | 165.3 |
| 松 本   | 157.0 | 155.8 | 155.5 | 155.5 | 155.5 | 155.2 | 155.2 | 156.8 | 156.0 | 155.7 | 155.7 | 155.7 |
| 北アルプス | 158.5 | 156.5 | 156.5 | 156.5 | 156.5 | 156.5 | 156.5 | 156.5 | 155.7 | 155.7 | 155.7 | 155.7 |
| 長 野   | 169.0 | 168.7 | 167.0 | 167.0 | 167.0 | 167.1 | 167.0 | 167.4 | 167.0 | 167.0 | 167.0 | 167.0 |
| 北 信   | 168.2 | 169.5 | 168.5 | 168.5 | 168.0 | 167.2 | 168.0 | 168.0 | 168.0 | 168.0 | 168.0 | 168.0 |
| 県平均   | 164.8 | 164.6 | 163.8 | 163.5 | 163.3 | 163.2 | 163.3 | 163.7 | 163.7 | 163.3 | 163.3 | 163.3 |

### <令和5年>

|       | 11/6  | 11/13 | 11/20 | 11/27 | 12/4  | 12/11 | 12/18 | 12/25 |  |  |  |  |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|--|--|--|--|
| 佐 久   | 162.2 | 164.3 | 164.2 | 164.5 | 166.5 | 166.6 | 166.5 | 167.1 |  |  |  |  |
| 上 田   | 164.5 | 166.5 | 166.6 | 166.8 | 168.8 | 168.5 | 168.5 | 167.8 |  |  |  |  |
| 諏 訪   | 151.3 | 151.3 | 151.3 | 153.0 | 153.5 | 153.7 | 153.7 | 155.2 |  |  |  |  |
| 上伊那   | 160.2 | 162.0 | 162.2 | 162.2 | 165.0 | 164.1 | 164.8 | 165.2 |  |  |  |  |
| 南信州   | 158.6 | 158.6 | 160.3 | 160.3 | 163.3 | 163.8 | 163.8 | 163.8 |  |  |  |  |
| 木 曽   | 160.0 | 160.0 | 162.0 | 162.0 | 162.6 | 164.0 | 164.0 | 164.0 |  |  |  |  |
| 松 本   | 152.1 | 153.0 | 153.7 | 154.2 | 155.4 | 155.5 | 155.5 | 155.5 |  |  |  |  |
| 北アルプス | 151.5 | 154.5 | 153.5 | 155.5 | 157.5 | 157.5 | 157.7 | 157.7 |  |  |  |  |
| 長 野   | 161.9 | 161.9 | 164.5 | 165.0 | 167.0 | 167.0 | 167.0 | 167.0 |  |  |  |  |
| 北 信   | 163.0 | 163.0 | 165.7 | 165.7 | 167.5 | 168.0 | 168.0 | 168.0 |  |  |  |  |
| 県平均   | 158.7 | 159.6 | 160.5 | 161.0 | 162.9 | 162.9 | 163.0 | 163.3 |  |  |  |  |

|       | 7/18  | 8/7   | 8/21  | 9/4   | 9/11  | 9/19  | 9/25  | 10/2  | 10/10 | 10/16 | 10/23 | 10/30 |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 佐 久   | 166.3 | 173.0 | 175.1 | 177.1 | 171.8 | 167.1 | 167.2 | 167.3 | 163.0 | 160.3 | 160.2 | 162.1 |
| 上 田   | 169.5 | 175.0 | 176.3 | 179.0 | 174.0 | 169.0 | 169.0 | 169.0 | 164.8 | 162.8 | 162.1 | 164.5 |
| 諏 訪   | 154.0 | 161.6 | 165.0 | 166.6 | 165.2 | 161.6 | 157.1 | 157.1 | 153.0 | 149.5 | 148.8 | 150.0 |
| 上伊那   | 162.5 | 169.8 | 172.4 | 174.1 | 172.1 | 164.4 | 164.2 | 164.2 | 160.2 | 158.5 | 158.2 | 160.2 |
| 南信州   | 161.8 | 168.5 | 169.8 | 172.0 | 167.8 | 163.1 | 162.6 | 162.6 | 159.6 | 156.1 | 155.6 | 158.1 |
| 木 曽   | 162.6 | 169.3 | 172.0 | 172.6 | 169.6 | 165.0 | 165.0 | 163.6 | 161.6 | 158.6 | 158.6 | 158.6 |
| 松 本   | 154.8 | 161.2 | 163.5 | 166.7 | 162.5 | 156.4 | 156.4 | 156.2 | 152.1 | 150.2 | 149.0 | 151.5 |
| 北アルプス | 154.2 | 163.2 | 164.2 | 166.2 | 162.0 | 158.0 | 156.7 | 155.7 | 151.7 | 149.5 | 148.7 | 151.5 |
| 長 野   | 166.9 | 172.8 | 175.4 | 177.3 | 172.1 | 167.1 | 167.0 | 167.0 | 162.9 | 159.8 | 160.0 | 161.9 |
| 北 信   | 167.2 | 172.2 | 175.2 | 177.2 | 172.2 | 168.5 | 168.0 | 168.0 | 164.2 | 161.5 | 161.5 | 162.5 |
| 県平均   | 162.3 | 168.9 | 171.2 | 173.2 | 169.2 | 164.2 | 163.5 | 163.4 | 159.4 | 156.8 | 156.4 | 158.3 |

|       | 4/3   | 4/10  | 4/17  | 4/24  | 5/1   | 5/8   | 5/15  | 5/22  | 5/29  | 6/5   | 6/19  | 7/3   |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 佐 久   | 161.2 | 160.7 | 160.8 | 160.8 | 161.0 | 159.1 | 159.1 | 161.2 | 161.3 | 161.3 | 162.5 | 164.5 |
| 上 田   | 164.0 | 163.5 | 164.3 | 164.3 | 164.3 | 162.3 | 162.3 | 163.5 | 164.0 | 164.0 | 165.1 | 166.8 |
| 諏 訪   | 147.1 | 147.3 | 147.3 | 147.3 | 147.3 | 146.7 | 147.0 | 147.0 | 147.0 | 149.7 | 151.2 | 154.0 |
| 上伊那   | 157.1 | 157.1 | 156.4 | 157.2 | 156.4 | 155.5 | 154.2 | 156.1 | 156.2 | 157.1 | 158.0 | 163.1 |
| 南信州   | 157.1 | 157.1 | 157.5 | 157.5 | 157.5 | 157.5 | 157.1 | 157.1 | 157.1 | 157.1 | 158.8 | 162.0 |
| 木 曽   | 157.3 | 157.3 | 157.3 | 157.3 | 157.3 | 157.3 | 157.3 | 157.3 | 157.3 | 157.3 | 158.0 | 160.0 |
| 松 本   | 150.4 | 150.4 | 150.1 | 149.2 | 149.0 | 148.4 | 147.4 | 149.5 | 149.2 | 149.2 | 151.0 | 154.2 |
| 北アルプス | 148.2 | 147.7 | 147.7 | 147.7 | 147.7 | 147.7 | 147.7 | 149.2 | 149.2 | 149.2 | 151.2 | 154.2 |
| 長 野   | 161.9 | 161.9 | 161.9 | 161.9 | 161.9 | 160.0 | 159.9 | 162.0 | 162.0 | 162.0 | 162.2 | 165.1 |
| 北 信   | 162.5 | 162.5 | 162.5 | 162.5 | 162.5 | 161.5 | 161.5 | 162.5 | 162.5 | 162.5 | 162.5 | 165.5 |
| 県平均   | 157.0 | 156.8 | 156.9 | 156.9 | 156.8 | 155.7 | 155.4 | 156.8 | 156.8 | 157.3 | 158.3 | 161.2 |

|       | 1/10  | 1/16  | 1/23  | 1/30  | 2/6   | 2/13  | 2/20  | 2/27  | 3/6   | 3/13  | 3/20  | 3/27  |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 佐 久   | 159.6 | 158.0 | 157.8 | 158.8 | 157.6 | 157.7 | 157.6 | 157.7 | 157.6 | 157.6 | 157.6 | 160.1 |
| 上 田   | 162.5 | 160.6 | 161.0 | 160.8 | 160.3 | 160.8 | 160.8 | 160.8 | 160.3 | 160.8 | 160.8 | 163.5 |
| 諏 訪   | 148.6 | 148.3 | 148.3 | 148.3 | 147.2 | 147.2 | 147.2 | 147.2 | 147.2 | 147.2 | 147.1 | 147.1 |
| 上伊那   | 154.2 | 153.7 | 154.0 | 154.0 | 153.4 | 153.1 | 153.4 | 153.4 | 153.4 | 155.1 | 155.1 | 157.8 |
| 南信州   | 156.3 | 156.3 | 156.3 | 156.3 | 154.6 | 154.6 | 154.6 | 154.6 | 154.6 | 154.6 | 154.6 | 157.1 |
| 木 曽   | 156.0 | 156.0 | 156.0 | 156.0 | 156.0 | 156.0 | 155.3 | 155.3 | 155.3 | 155.3 | 155.3 | 156.0 |
| 松 本   | 150.4 | 151.1 | 150.7 | 150.7 | 149.5 | 149.1 | 148.7 | 148.7 | 148.7 | 148.7 | 149.2 | 150.4 |
| 北アルプス | 150.2 | 150.2 | 150.2 | 150.2 | 147.2 | 147.2 | 147.2 | 147.2 | 147.2 | 147.2 | 148.2 | 148.2 |
| 長 野   | 161.3 | 159.3 | 159.4 | 159.4 | 159.0 | 159.0 | 159.1 | 159.1 | 159.1 | 159.1 | 159.1 | 162.1 |
| 北 信   | 160.5 | 160.2 | 160.7 | 160.7 | 160.7 | 160.2 | 160.2 | 160.2 | 160.2 | 160.2 | 160.2 | 162.5 |
| 県平均   | 156.2 | 155.5 | 155.5 | 155.6 | 154.7 | 154.7 | 154.6 | 154.6 | 154.6 | 154.8 | 154.9 | 156.8 |

### <令和4年>

|       | 12/12 | 12/19 | 12/26 |  |  |  |  |  |  |  |  |  |
|-------|-------|-------|-------|--|--|--|--|--|--|--|--|--|
| 佐 久   | 159.8 | 159.8 | 159.8 |  |  |  |  |  |  |  |  |  |
| 上 田   | 162.5 | 162.8 | 162.8 |  |  |  |  |  |  |  |  |  |
| 諏 訪   | 148.6 | 148.6 | 149.6 |  |  |  |  |  |  |  |  |  |
| 上伊那   | 154.8 | 154.2 | 154.7 |  |  |  |  |  |  |  |  |  |
| 南信州   | 156.3 | 156.3 | 156.3 |  |  |  |  |  |  |  |  |  |
| 木 曽   | 155.0 | 155.0 | 155.0 |  |  |  |  |  |  |  |  |  |
| 松 本   | 150.4 | 150.2 | 150.2 |  |  |  |  |  |  |  |  |  |
| 北アルプス | 149.5 | 149.0 | 149.0 |  |  |  |  |  |  |  |  |  |
| 長 野   | 161.4 | 161.3 | 161.1 |  |  |  |  |  |  |  |  |  |
| 北 信   | 161.7 | 161.7 | 161.7 |  |  |  |  |  |  |  |  |  |
| 県平均   | 156.3 | 156.2 | 156.4 |  |  |  |  |  |  |  |  |  |

|       | 9/20  | 9/26  | 10/3  | 10/11 | 10/17 | 10/24 | 10/31 | 11/7  | 11/14 | 11/21 | 11/28 | 12/5  |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 佐 久   | 161.6 | 161.1 | 161.8 | 159.3 | 160.7 | 161.3 | 160.3 | 158.1 | 159.0 | 158.2 | 158.2 | 160.1 |
| 上 田   | 162.8 | 163.1 | 162.8 | 160.8 | 162.8 | 162.8 | 162.5 | 161.1 | 161.1 | 160.5 | 160.5 | 162.8 |
| 諏 訪   | 149.2 | 149.0 | 149.0 | 149.0 | 149.0 | 149.0 | 149.0 | 148.5 | 148.1 | 148.1 | 148.1 | 149.6 |
| 上伊那   | 153.7 | 154.2 | 153.7 | 153.7 | 156.1 | 155.8 | 155.7 | 153.7 | 153.7 | 154.0 | 154.0 | 155.5 |
| 南信州   | 154.6 | 154.8 | 154.5 | 154.5 | 156.1 | 156.8 | 156.5 | 154.8 | 154.3 | 154.3 | 154.5 | 156.0 |
| 木 曽   | 157.6 | 157.6 | 157.6 | 157.6 | 157.6 | 157.6 | 157.6 | 155.6 | 155.0 | 155.0 | 155.0 | 155.0 |
| 松 本   | 150.1 | 150.1 | 150.1 | 149.8 | 150.4 | 150.7 | 150.7 | 149.0 | 148.8 | 148.8 | 148.8 | 150.4 |
| 北アルプス | 148.2 | 148.2 | 148.2 | 148.2 | 150.2 | 150.2 | 150.2 | 148.2 | 148.2 | 147.2 | 147.2 | 149.7 |
| 長 野   | 163.0 | 162.9 | 162.9 | 159.2 | 161.2 | 160.9 | 161.0 | 159.0 | 159.2 | 159.1 | 159.1 | 161.0 |
| 北 信   | 162.0 | 162.7 | 162.7 | 160.2 | 161.2 | 161.2 | 161.2 | 160.2 | 160.2 | 160.2 | 160.2 | 161.7 |
| 県平均   | 156.7 | 156.8 | 156.7 | 155.4 | 156.8 | 156.8 | 156.6 | 155.0 | 155.0 | 154.8 | 154.8 | 156.5 |

|       | 6/27  | 7/4   | 7/11  | 7/19  | 7/25  | 8/1   | 8/8   | 8/15  | 8/22  | 8/29  | 9/5   | 9/12  |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 佐 久   | 166.5 | 161.6 | 161.8 | 158.8 | 159.1 | 159.8 | 159.1 | 158.8 | 156.8 | 156.8 | 161.8 | 161.6 |
| 上 田   | 166.8 | 162.3 | 162.3 | 160.5 | 160.8 | 160.5 | 160.5 | 160.5 | 158.8 | 158.5 | 162.8 | 162.8 |
| 諏 訪   | 154.2 | 151.7 | 151.7 | 149.8 | 149.2 | 149.2 | 149.2 | 149.2 | 149.2 | 149.2 | 149.5 | 149.2 |
| 上伊那   | 161.4 | 153.5 | 154.5 | 152.4 | 153.5 | 152.4 | 154.1 | 154.1 | 154.0 | 153.7 | 155.4 | 156.0 |
| 南信州   | 162.5 | 158.3 | 157.5 | 156.1 | 155.5 | 155.5 | 155.5 | 155.0 | 153.0 | 152.5 | 155.8 | 156.8 |
| 木 曽   | 162.3 | 161.0 | 160.3 | 160.3 | 158.3 | 158.3 | 157.6 | 157.6 | 157.6 | 155.6 | 155.6 | 157.6 |
| 松 本   | 157.4 | 151.5 | 151.0 | 149.4 | 149.0 | 149.0 | 149.4 | 148.8 | 146.1 | 147.2 | 151.0 | 150.8 |
| 北アルプス | 156.0 | 148.0 | 148.0 | 147.0 | 147.0 | 147.0 | 146.0 | 146.0 | 145.0 | 145.2 | 148.2 | 149.2 |
| 長 野   | 169.2 | 163.7 | 163.9 | 161.3 | 161.0 | 161.0 | 161.1 | 161.0 | 159.3 | 159.0 | 163.0 | 163.0 |
| 北 信   | 167.7 | 165.0 | 164.2 | 161.2 | 161.2 | 161.2 | 161.2 | 161.2 | 160.2 | 160.2 | 162.2 | 162.7 |
| 県平均   | 162.8 | 157.9 | 157.9 | 155.8 | 155.7 | 155.6 | 155.7 | 155.5 | 154.2 | 154.1 | 157.1 | 157.4 |

|       | 3/28  | 4/4   | 4/11  | 4/18  | 4/25  | 5/9   | 5/16  | 5/23  | 5/30  | 6/6   | 6/13  | 6/20  |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 佐 久   | 164.1 | 163.5 | 164.1 | 162.3 | 162.3 | 158.3 | 158.3 | 154.5 | 156.7 | 161.0 | 162.6 | 166.8 |
| 上 田   | 165.0 | 164.5 | 165.0 | 163.3 | 163.1 | 160.5 | 160.0 | 156.6 | 158.3 | 162.0 | 163.6 | 167.3 |
| 諏 訪   | 153.2 | 153.2 | 153.7 | 153.7 | 153.0 | 149.7 | 149.7 | 148.1 | 148.1 | 151.1 | 151.1 | 154.3 |
| 上伊那   | 158.4 | 159.4 | 159.2 | 156.1 | 156.1 | 153.8 | 153.8 | 150.4 | 152.8 | 155.4 | 157.4 | 161.4 |
| 南信州   | 158.3 | 158.6 | 158.3 | 158.3 | 156.6 | 154.8 | 154.8 | 151.6 | 151.6 | 156.6 | 158.5 | 162.5 |
| 木 曽   | 162.0 | 162.0 | 162.0 | 161.3 | 161.3 | 159.0 | 159.0 | 157.0 | 156.3 | 157.3 | 160.0 | 162.3 |
| 松 本   | 152.8 | 154.4 | 154.8 | 154.8 | 153.1 | 150.7 | 150.7 | 146.7 | 147.7 | 152.0 | 153.8 | 156.8 |
| 北アルプス | 151.0 | 152.5 | 153.0 | 153.0 | 151.5 | 148.0 | 148.0 | 145.0 | 146.7 | 151.0 | 153.2 | 156.0 |
| 長 野   | 164.5 | 166.4 | 166.2 | 164.4 | 163.9 | 161.9 | 161.2 | 157.4 | 159.0 | 163.4 | 165.0 | 169.5 |
| 北 信   | 164.7 | 165.7 | 165.7 | 164.0 | 164.0 | 161.7 | 161.7 | 158.2 | 158.2 | 160.7 | 163.0 | 167.7 |
| 県平均   | 159.7 | 160.4 | 160.5 | 159.4 | 158.7 | 156.1 | 155.9 | 152.6 | 153.8 | 157.5 | 159.2 | 162.9 |

|       | 1/4   | 1/11  | 1/17  | 1/24  | 1/31  | 2/7   | 2/14  | 2/21  | 2/28  | 3/7   | 3/14  | 3/22  |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 佐 久   | 153.8 | 158.2 | 161.5 | 162.0 | 161.5 | 162.2 | 161.6 | 164.1 | 164.3 | 166.7 | 167.1 | 164.1 |
| 上 田   | 151.8 | 158.3 | 161.6 | 162.3 | 163.5 | 162.3 | 162.8 | 164.8 | 164.8 | 168.3 | 168.3 | 165.3 |
| 諏 訪   | 144.6 | 144.6 | 148.6 | 150.8 | 152.2 | 152.0 | 152.0 | 152.1 | 152.1 | 155.6 | 155.2 | 155.1 |
| 上伊那   | 150.1 | 152.7 | 152.7 | 155.7 | 155.5 | 155.8 | 156.1 | 158.1 | 159.1 | 161.2 | 160.8 | 159.0 |
| 南信州   | 149.6 | 153.0 | 153.5 | 156.8 | 157.1 | 157.1 | 157.1 | 157.1 | 160.0 | 162.1 | 162.5 | 162.5 |
| 木 曽   | 150.3 | 151.0 | 153.3 | 156.3 | 156.3 | 156.3 | 156.3 | 159.3 | 159.3 | 162.6 | 161.3 | 162.0 |
| 松 本   | 144.0 | 147.4 | 149.8 | 151.4 | 151.4 | 150.2 | 152.7 | 152.8 | 155.0 | 156.5 | 156.5 | 153.8 |
| 北アルプス | 144.0 | 148.0 | 149.0 | 150.5 | 150.0 | 150.0 | 151.5 | 152.0 | 154.0 | 154.2 | 155.0 | 152.0 |
| 長 野   | 154.7 | 159.5 | 161.0 | 163.1 | 163.4 | 163.4 | 163.7 | 165.3 | 165.5 | 167.4 | 167.5 | 165.3 |
| 北 信   | 154.7 | 158.5 | 159.5 | 162.5 | 162.5 | 162.5 | 162.5 | 164.0 | 164.0 | 166.2 | 166.2 | 165.2 |
| 県平均   | 150.1 | 153.6 | 155.6 | 157.6 | 157.8 | 157.7 | 158.1 | 159.4 | 160.2 | 162.5 | 162.5 | 160.7 |



# <令和3年>

|       | 10/25 | 11/1  | 11/8  | 11/15 | 11/22 | 11/29 | 12/6  | 12/13 | 12/20 | 12/27 |  |  |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--|--|
| 佐 久   | 158.5 | 158.7 | 158.7 | 158.5 | 158.5 | 158.8 | 158.8 | 154.3 | 153.2 | 153.6 |  |  |
| 上 田   | 162.7 | 162.7 | 159.5 | 159.8 | 160.3 | 159.8 | 160.3 | 154.3 | 153.6 | 153.6 |  |  |
| 諏 訪   | 146.2 | 147.3 | 147.8 | 147.8 | 147.8 | 147.8 | 145.2 | 144.8 | 144.8 | 144.6 |  |  |
| 上伊那   | 152.7 | 152.8 | 153.0 | 153.0 | 153.0 | 153.0 | 153.0 | 150.1 | 150.1 | 150.1 |  |  |
| 南信州   | 153.3 | 153.8 | 154.1 | 153.8 | 154.3 | 153.8 | 154.3 | 151.0 | 150.5 | 149.6 |  |  |
| 木 曽   | 152.3 | 154.0 | 154.0 | 154.0 | 154.0 | 154.0 | 154.0 | 151.3 | 150.3 | 150.3 |  |  |
| 松 本   | 148.7 | 149.7 | 149.8 | 149.4 | 149.4 | 149.7 | 147.7 | 145.2 | 144.4 | 144.4 |  |  |
| 北アルプス | 149.0 | 149.0 | 149.0 | 149.0 | 149.0 | 149.0 | 147.5 | 144.0 | 144.0 | 144.0 |  |  |
| 長 野   | 158.5 | 158.8 | 158.5 | 158.6 | 158.6 | 158.5 | 158.3 | 154.8 | 155.0 | 154.5 |  |  |
| 北 信   | 157.0 | 157.7 | 157.7 | 157.7 | 157.7 | 157.7 | 156.7 | 154.7 | 154.7 | 154.7 |  |  |
| 県平均   | 154.4 | 154.9 | 154.6 | 154.5 | 154.6 | 154.5 | 153.9 | 150.7 | 150.4 | 150.2 |  |  |

※県平均は調査店舗66店の合計値を66で除したもの

※令和3年11月15日からは都合により65店舗で実施

※毎週月曜日に調査を実施(令和5年6月5日から8月21日までの間は毎月第1、3月曜日)